



Gluten Friendly Menu



Starters

Stuffed Long Hots 17

Shrimp Cocktail 19



Salads

GF Shrimp Vinaigrette Spinach Salad

Our shrimp spinach salad without Croutons. 23

GF Utica Greens Our award winning Utica Greens without bread crumbs. 18

GF Steak Salad Wedge Our Steak Wedge Salad with choice of GF dressings. 21

Antipasto Tacos All of your favorite Antipasto ingredients folded into a handy dandy appetizer. 11

Burrata Salad Fresh Burrata atop tomato bruschetta mix, drizzled with Balsamic. 11

Garden Salad 15



Burgers



Enjoy one of the area's best burgers on a Gluten Free Udi's Bun. Served with tortilla chips.

Deluxe Burger 17.5

Deluxe Cheeseburger 18.5

Deluxe Turkey Burger 17.5

Carmella's Burger 19.5

Bruschetta Burger 19.5

Bacon & Swiss Burger 19.5



Sandwiches

Served on a Gluten Free Udi's Bun with tortilla chips.

GF Open Face Tuna Steak Char-grilled, thick-cut Yellow Fin tuna steak with low-fat dill dressing. Served with fresh, steamed broccoli. 21

GF Open Face Steak Sandwich Seven-ounce Certified Angus Beef® steak. 22 *Add mushrooms or onions 2*

GF Gourmet Chicken Sandwich Char-grilled chicken breast topped with peppered bacon & mushrooms with Swiss and our low-fat dill dressing. 20

GF San Gennaro Sandwich Italian sausage with sautéed peppers and onion. 19

GF Grilled Alpine Chicken Sandwich Charbroiled, marinated chicken breast with sautéed mushrooms, Alpine Swiss and California sauce. 20

GF Tuna Melt Fresh Albacore white tuna salad with American cheese. 19

GF Philadelphia Cheesesteak Thinly sliced beef ribeye, grilled with onions and mushrooms and melted Provolone. 19 *Add GF greens 2 extra.*

GF Grilled Veggie Sandwich Eggplant, roasted peppers, mushrooms, tomatoes and Provolone 18

GF Grilled Chicken Focaccia Grilled chicken breast, dill dressing, sweet roasted peppers, Provolone, tomato, lettuce and House Italian dressing. 18

GF The Ultimate BLT Peppered bacon with lettuce, tomato & mayonnaise. 17

GF Sausage Sandwich Italian sausage covered with homemade tomato sauce and melted Provolone. 18



Entrees



GF New York Strip

A hand-cut 14-ounce strip steak served with two sides and salad. 43



Sirloin Steak

A hand-cut sirloin served with two sides.

10 oz 29 | 7 oz 26 | 5 oz 21 *Add salad 5*

Salmon Dinner

Pan Seared Salmon Steak, compound butter served with 2 sides. 29 *Add salad 5*

Broiled Haddock 20 *Add salad 5*



Pasta

Made with GF Penne Pasta

Shrimp Broccoli Pasta Shrimp, broccoli, 3 hot cherry pepper slices and black olives with garlic and olive oil, tossed over GF Penne. Served with salad. 24

GF Chicken Riggies GF Penne Pasta with mushrooms, peppers, onions, olives, 3 hot cherry pepper slices and chunks of chicken tossed in our secret recipe "lite" sauce. 24

GF Penne & Sausage GF Penne pasta and spicy italian sausage with fresh tomato sauce. 20

Chicken & Broccoli Alfredo GF Penne pasta with chunks of chicken and broccoli. 23

Shrimp Alfresco

Shrimp, broccoli, tomatoes, fresh mozzarella, garlic, red onion and basil lightly sauteed with GF Penne. 25

GF Cauliflower Pizza

Margherita Our homemade red tomato sauce with fresh green basil and White Mozzarella is brick oven baked on a fresh, thin crust with olive oil and Romano cheese. 19

Add Your Favorite Toppings Extra 1.5 EACH

Sausage

Jalapeno Peppers

Pepperoni

Ham

Mushrooms

Salami

Onions

Cherry Peppers

Bell Peppers

Black Olives

Artichoke

Al Fresco Chopped, fresh tomatoes, olive oil, fresh basil, garlic, Romano and fresh Mozzarella 19

Fra Diavolo Made with spicy Italian sausage, hot peppers, crushed red pepper, tomato sauce and cheese. 20

Buffalo Chicken Diced chunks of chicken with our spicy buffalo sauce, green onion, Cheddar, Jack and Romano cheeses. 20

Artichoke Rustica Our classic Margherita with roasted peppers, artichoke hearts, Ricotta and Mozzarella cheeses. 21

BBQ Chicken Chunks of chicken, Bar-B-Que sauce, red onions, Swiss cheese and parsley. 20



Dessert

GF Cannoli Dessert A Scoop of our amazing Cannoli Filling with GF Cookies. 9

GF Chocolate Cake 10

ALA CARTE 5

Mixed Vegetables GF

Broccoli GF

Baked Potato GF

Broccoli w/ California Sauce